

**KPOGCL Proposed Menu for Seniors**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>B'Fast</b>	Aloo Bhujya	Dall Masoor	Lahori Cholay	Aloo Bhujya	Dall Channa	Dall Masoor	Halwa Puri Cholay
	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order
	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha
	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt
	Tea	Tea	Tea	Tea	Tea	Tea	Tea
<b>Lunch</b>	Fresh Green Salad	Fresh Green Salad	Fresh Green Salad	Fresh Green Salad	Fresh Green Sa	Fresh Green Sa	Fresh Green Salad
	Aanda Curry	Dall Red Lobia	Qeema Aloo	Brown Rice	Vegetable	Mutton Curry	Chicken Curry
	Achaar	Vegetable		Dall Mash	Dall		
	Nan	Nan	Nan	Nan	Nan	Nan	Nan
<b>Dinner</b>	Fish Fry	Chicken Curry	Mutton	Chicken Steam	Chicken Biryani	Veg Rice	Mutton karahi
	White Rice	Dal Moong	Cholay	Vegetable	Red Lobia	Cholay	Chinese Rice
	Fruit	Kheer	Kheer	Cold Drink	Russian Salad	Ice Cream	Rasmalai
	Cold Drink	Cold Drink	Cold Drink	NAN	Cold Drink	Cold Drink	Cold Drink
	NAN	NAN	NAN		NAN	NAN	NAN

**KPOGCL Proposed Menu for Middle Level Staff**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>B'Fast</b>	Aloo Bhujya	Dall Masoor	Lahori Cholay	Aloo Bhujya	Dall Channa	Dall Masoor	Halwa Puri Cholay
	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order	Egg to Order
	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha	Bread , Paratha
	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt	Yougurt
	Tea	Tea	Tea	Tea	Tea	Tea	Tea
<b>Lunch</b>	Fresh Green Salad	Fresh Green Salad	Fresh Green Salad	Fresh Green Sa	Fresh Green Sa	Fresh Green Salad	Fresh Green Salad
	Chicken Curry	Vegetable	Dall Moong	Qeema Aloo	Chicken Haleem	Mutton Curry	Vegetable
	Achaar	Achaar	Red Lobia	Achaar	vegetable	Achaar	Pakoora Karhi
	Nan	Nan	Achaar	Nan	Achaar	Nan	Achaar
			Nan		Nan		Nan
<b>Dinner</b>	Cholay	Chicken Curry	Mutton Qeema	Chicken Steam	Chicken Biryani	Cholay	Mutton karahi
	White Rice	Dal Moong	Brown Rice	Dall Mash	Red Lobia	Veg Rice	Red Lobia
	Russ Malai	Fruit Truffle	Ice Cream	Kheer	Russian Salad	Mix Fruit Custard	Chinese Rice
	Cold Drink	Cold Drink	Cold Drink	Cold Drink	Cold Drink	Cold Drink	Ice Cream
	NAN	NAN	NAN	NAN	NAN	NAN	Cold Drink
						NAN	

KPOGCL Proposed Menu for Security & Labour Staff							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B'Fast	Aloo Bhujya	Dall Channa	Red Lobia	Aloo Bhujya	Dall Masoor	Anda Aloo	Dall Masoor
	Paratha /Chapa	Paratha /Chapa	Paratha /Chapati	Paratha /Chapati	Paratha /Chapa	Paratha /Chapa	Paratha /Chapati
	Tea	Tea	Tea	Tea	Tea	Tea	Tea
	Milk	Milk	Milk	Milk	Milk	Milk	Milk
Lunch	Fresh Green Sa	Fresh Green Sa	Fresh Green Salad	Fresh Green Salad	Fresh Green Sa	Fresh Green Sa	Fresh Green Salad
	Vegetable	Dall Channa	Mutton Curry	Red Lobia	Vegetable	Dall Moong	Chicken Curry
					Cholay		Cholay
	Nan	Nan	Nan	Nan	Nan	Nan	Nan
Dinner	Chicken Curry	Mutton Curry	Brown Rice	Chiken Haleem	Mutton Curry	Chicken Biryani	Dall Masoor
	Dall Mash	Dall Moong	Cholay	Dall Moong	Red Lobia	Cholay	Pullau
	Nan	Raita	Nan	Nan	Nan	Nan	Nan
	Raita	Nan	Raita	Raita	Raita	Raita	Raita